Principal’s Message

Thank you to everyone who assisted with our ‘Clean up Australia day,’ last Friday. Pete very kindly collected all the bags of rubbish for us and took them to the tip. We also had a visit from Healthy Harold. This is a wonderful program that engages students in a fun way to learn about the positive effects of living a healthy lifestyle.

Due to a decrease in our staffing entitlement we have had to make changes to our staffing timetable. This will mean Mrs Kate Quade will be taking both classes for Library and Genius Hour on Wednesday afternoons. I will be teaching the Infant class and Stage 2 (Years 3 & 4) on Thursdays and Mrs Quade will be working half days on Fridays. Mrs Rowena Sutton will be in the office Mondays, Thursdays and Fridays and Mrs Kim Reid will be working with the learning support programs Monday and Tuesday mornings and all day Wednesday.

P&C Meeting
The P&C meeting was held last week. Thank you to everyone who attended. Also, thank you to Esther Petrie who has offered to look into various fund-raising ventures. Remember the P&C is still looking to collect empty chemical drums for their drum muster. If you have any drums that need collecting please contact Meg Hardie or Steave Petrie. The P & C Voluntary Contribution fee has been set at $50 per family. Please ensure that if you are paying by cheque, it is made out to the P & C, not Tallimba Public School.

Responsible Pet Owner Program
This Friday, we will be hosting a visit from a member of the Responsible Pet Ownership Program. This program focuses on teaching students about dog safety and what to do if approached by an unknown or aggressive dog.
**Infants News**
Kindergarten’s new sound this week is ‘e’. The Year 1 and 2 sound focus is ‘i’ in spelling list words with an emphasis on the word endings ‘it’, ‘in’, ‘ig’, ‘ill’, ‘ick’, and ‘ing’. We continue our focus on recount writing and narrative (fairy tales), referring to our learning goals and the success criteria (our checklist) of what we need to do, if we are to become good writers.

The learning focus in mathematics for Kinder is recognising and writing numbers to 10, and identifying the number ‘before’ and ‘after’. Year 1 and Year 2 will be exploring numbers to 100, reviewing and consolidating the concepts of odd and even, as well as ordering numbers and identifying numbers ‘before’ and ‘after’ a given number.

In Science, the children will describe the features and behaviour of a small animal, as well as comparing two small animals to make conclusions about similarities and differences.

This week, we continue to develop questions of inquiry, in History. The children will considered what resources they can use to answer questions they may have about the school environment or curriculum of the past. They will need to explore architecture, archives, photos and other sources of information, so that they may obtain answers to these questions.

**School Lunches**
During this hot weather all students are encouraged to keep their school lunch in the refrigerator in the staffroom. This keeps food cool and safe from birds. All children are supervised during fruit break and first lunch, however, we encourage all children to be responsible for their lunch boxes and eating their own lunch. Please ensure all items are clearly labelled.

**CoolKids and Adolescent Health Program**
Please find attached an information sheet from Macquarie University regarding this program. More information and the consent forms can be obtained from contacting them directly or from Tallimba School.

---

**Primary Class (Year3/4 + Year5/6) News**
This week in English we are learning to create sentences that show, don’t tell, using interesting adjectives. Mathematics will be focusing on multiplication and division strategies. In History, students will continue working on the map of our local area and historical buildings both past and present. We will be continuing to construct structures that can bear weight in our Science unit.

**How2Learn**
H2L focus for this fortnight is Resilience. Strong learners keep trying even if they feel like giving up.

**Absenteism Notes**
Written notes are required by law for an absence or to leave school grounds (visit to doctors, dentist, and family reasons). Please ensure the school is notified in a timely manner regarding any absence, emails are accepted.

**Reading for Meaning – Quiz**
Congratulations to the Hardie family who correctly answered last week’s quiz. Peacocks don’t lay eggs. Peahens do!

**This week’s quiz:**
What can you feed but if you give it water it will die?

**Medication at School**
The only medication to be administrated at school is to be prescribed by a doctor. If it is necessary for a pupil to receive prescribed medication during the day, parents/caregivers must clearly label the medication with the child’s name, the dosage and time to be taken. All medication must be taken to front office at the beginning of the school day, where it will be safely stored and administered. This should be sent in original packaging with the doctor’s instructions.

**Year 6 Fundraising**
Each Friday during Term 1, the Year 6 students will be selling Zooper Doopers for 50c each. All money raised will go to a gift for the Year 6 to donate to Tallimba Public School at the end of the year.

**Library Borrowing**
Library borrowing has returned to Wednesday afternoons. Each child is asked to bring a bag to protect school books. Thank you.
King and Queen of Green ‘Realm of Rubbish Show’

REROC – Riverina Eastern Regional Organisation of Councils have organised for the King and Queen of Green, a professional performance duo, to deliver a very informative show to which Tallimba Public School and other local area schools have been invited. It has been offered to the schools at no cost. This performance will explore environmental concepts such as landfill, recycling and composting with interactive songs, demonstrations and puppets.

The performance will be held at the West Wyalong High School MPU on Thursday, 17th March, 2016, commencing at 10.30 am. Mrs Morden, Mrs Sutton and the students will travel to West Wyalong by bus, departing the Tallimba School at 10 am. Students are to bring a packed lunch for a picnic in the park after the production, after which, we will return to school. A small charge for the hire of the bus of $3.00 per student will be required.

The Tallimba Public School students, who are at Middle School on this day, will walk across to the MPU with the High School staff, returning afterwards to the Middle School program.

Deb Morden
Principal

I give permission for my child (ren)……………………………………………… to travel by bus, departing Tallimba Public School at 10 am, and travelling to West Wyalong High School MPU, Thursday, 17th March, 2016. I understand that the cost of this activity for travel is $3.00 per student, who are not attending the Middle School program.

Enclosed $....................................

Signed……………………………………………… Date…………………………………..
The CoolKids and Adolescent Health Program:
Helping distressed children & adolescents suffering from somatic health complaints (including recurring headaches, stomach-aches etc).

About 40% of children and adolescents may experience functional somatic health complaints, which are medically benign (that is, they have no identified organic cause). The most common somatic-health complaints experienced by children and adolescents include recurring abdominal pain, gastro-intestinal symptoms, recurring headaches, chest pains, dizziness and nausea. Research has shown that these children are prone to have increased rates of school absenteeism, and this may also have an impact on their learning, peer relations and overall quality of life. Studies have also indicated that up to 80% of children and adolescents struggling to cope with these recurring functional somatic health complaints may also be experiencing anxiety and/or depressive problems.

Our new, CoolKids and Adolescent Health Program is designed to specifically help children learn how to concurrently cope and manage their somatic symptoms as well as learn stress management skills. This program is specifically designed for children aged 7 to 17 years who are experiencing recurring somatic health complaints for at least 3 months (and which a GP or medical specialist has confirmed that the symptoms are medically benign). The program is individually based and involves 10 x 1 hour weekly therapy sessions held either in-person at the Centre for Emotional Health (CEH) Clinic at Macquarie University or via Skype or telephone. Interested families will be invited to attend a screening assessment to determine eligibility.

Organisation: Centre for Emotional Health, Macquarie University.

Researchers: Associate Professor Maria Kangas, Prof Ron Rapee, & Prof Mike Jones.

Who is eligible? Children and adolescents aged 7-17 years who are experiencing recurring somatic health complaints for a minimum of 3-months.

Contact: For more information, please contact Assoc. Professor Kangas and her team (email: CoolKidsHealth@mq.edu.au or maria.kangas@mq.edu.au) or telephone (02) 9850 8599 or (02) 9850 4082.
FAMILY HISTORY WORKSHOP

SATURDAY 19th MARCH 2016

ANGLICAN PARISH CENTRE, COURT STREET, WEST WYALONG

Our speakers are Lt. Col. David Deasey RFD (Rtd) and Megan Gibson. David Deasey’s particular interest is the Boer War and the myths that surround Australia’s involvement. (hint: it’s more than Breaker Morant). Megan Gibson from Family Tree Time has worked as a freelance researcher on the hit Australian TV series Who Do You Think You Are, and is co-author of the book *How to Get More Family Time*.

Cost incl. Morning tea and lunch $30 Registration: 9.00 am

For catering purposes please book by contacting us at: genealogy@wyalongfamilyhistory.com or telephone Pam Butcher 02 6972 3113 or Rhonda Williams 02 6972 3066 or 0427 723 066

---

Brower’s 10th Charity Walk 2016

‘GOG TO WEETHALLE - The Return’

Starting at Allen & Lisa Payne’s 9am, total distance 22kms

Saturday, March 19

Registration sheets available from Quade Moncrieff Livestock & Property

Forms must be picked up by Monday, March 14 and a $5 fee, to cover insurance costs, must be paid on registration.

All participants, friends, family and supporters are invited to the Weethalle Country Club for a sausage sizzle, raffles and auction at the completion of the walk (under 18’s must be accompanied by a responsible adult).

For more information please contact 0427 722 219 or 0408 266 920

All funds raised go to West Wyalong Can Assist and Country Hope.
WEETHALLE RODEO & GYMKHANA

SATURDAY 30TH APRIL 2016
AT THE WEETHALLE SHOWGROUND

- GYMKHANA STARTS
  AT 9AM
- RODEO STARTS AT
  12:30PM
- LIVE ENTERTAINMENT
WHEN ITS ALL FINISHED

Gate Entry
Adult: $15
Age Pensioner: $5
12-17yrs: $5
11yrs and Under: Free
Family: $35

It's The Bucking Place To Be

ENTRIES CLOSE 21ST APRIL 2016
NO ENTRIES TAKEN ON THE DAY
★ NO GLASS ALLOWED ★ CAMPING AVAILABLE

For Entries and More Information: Vicki Jolly (02)69 756 125 or (04)28 692 205